Geek In The Pink

**Competition Step Sheet**

**DIVISION:** NOVICE

**Description:** 32 counts. 4 Walls

**Choreographer:** Johanna Barnes

**Music:** “Geek in the pink” by Jason Mraz

**Count in:** 16 Counts after heavy beat kicks in.

**Note:** The dance will fade before the restart at approx 2.16

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1-8 **KNEE ROLLS R, L, ROCK RECOVER FORWARD AND BACK, STEP R, SCUFF/HITCH ½ TURN R**

1. Step right foot forward while rolling right knee forward and clockwise, rotate hip to follow knee
2. Roll right knee back counter-clockwise and weight right, rotate hip to follow knee
3. Step left foot forward while rolling left knee forward and clockwise, rotate hip to follow knee
4. Roll left knee back, counter-clockwise and weight left, rotate hip to follow knee
5&6& Rock forward on right foot, recover weight onto left foot, rock back on right foot, recover weight onto left foot
7&8 Step foot forward, scuff left heel forward and hitch right knee making ½ turn right, hold

9-16 **STEP L, ½ PIVOT L, COASTER STEP, FUNKY FOOT SLIDES**

1,2 Step forward on left, pivot a ½ turn LEFT and step weight back slightly on right
3&4 Step back on left foot, step right foot next to left, step left foot forward
5 Pushing off left foot, step forward diagonal to 1.00 & angling body towards 11.00, while turning feet/knees out.
6& Left slide next to right while closing feet and knees, angling body towards 1.00
7 Pushing off right foot, left slide on forward diagonal to 11.00 & angling body towards 1.00, while turning feet/knees out.
& Right slide next to left while closing feet and knees, angling body toward 11.00
8 Pushing off right foot, left slide on forward diagonal to 11.00 & angling body toward 1.00 while turning feet/knees out

17-24 **RIGHT KICK, SHORT WEAVE LEFT, LEFT PRESS-RECOVER, LEFT SWEEP BEHIND, STEP RIGHT, ANKLE BREAKS, RIGHT STEP BACK, LEFT STEP LEFT, PUSH HIPS FORWARD AND BACK**

& Right kick out quickly to right diagonal
1 Cross right behind left
& Step left to left side
2 Cross right foot over left
& Press left foot to left side
3 Recover weight onto right foot sweeping left foot round and behind right
4 Cross left foot behind right
& Step right foot to right side
5 Step left foot across right weight on balls of feet “breaking the ankles” right rolling to right through balls of both feet
& Rock weight to outside of left foot “breaking ankles” with weight slightly pressed onto left
6 Step back on right foot
7 Touch left toe to left side
& Push hips towards left, taking weight onto left foot
8 Keep feet in place push weight back to right, taking weight onto right foot
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24-32 HIP PUSH FORWARD, SIT BACK, STEP ¼ TURN LEFT, ½ TURN PIVOT LEFT, ¼ TURN SAILOR LEFT WITH OVER ROTATION, ¼ WALK AROUND RIGHT, STEP LEFT
& Keep feet in place, push hips to left taking weight onto left foot
1 Roll hips back into a sit taking weight right, left knee bent, raising left heel
2 Transfer weight forward on left completing ¼ turn left
3 Right step pivot ½ turn left
4 Left step behind right turning 1/8 turn left
& Step right foot to right side making an 1/8 turn left and completing the ¼ turn
5 Left step slightly left, over rotate hips so legs are crossed to angle toward 11.00
6 Right step ¼ turn right forward
& Left step ¼ turn right
7 Right step ¼ turn right
8 Step forward on left foot

START AGAIN!